Catawba Natural Healing

Pediatric Male Intake Form (0-17 years old)

Known allergies (food, medications, or other):_____

Contact Information Today's Date:____/____/_____

Name:_____ Sex: F ☐ M ☐ DOB:__/__/___ Age:____

Street:_____ Email Address:_____

City:_____ State:_____ Zip:_____ Phone Number:_____

Martial Status: M ☐ S ☐ D ☐ W ☐ # of Children:_____ Alternative Phone Number:_____

Occupation:_____

Emergency Contact:_____ Phone:_____

How did you find out about us? _____

Have you had acupuncture before? Y ☐ N ☐ Allow email/mail/text/phone contact by this clinic? Y ☐ N ☐

Who do you allow to have access to your medical chart so that we can discuss about your health and treatments with them? Full name: _____ Relationship: _____

Medical Team

Who is currently part of your medical team (PCP, specialists, massage therapist, etc.):

_____

Major Health Complaint(s)

Please list in order of significance to you (include when the problem began and precipitating factors) and **check which you would like us to focus on today**.

1. ☐_____
2. ☐_____
3. ☐_____

Have you been given a diagnosis for this problem? If so, please describe._____

What kind of treatments have you tried?_____

What makes this problem worse?_____ Better?_____

Is there anybody in your family with the same problem?_____

Please describe how these conditions affect or impair your daily activities? Examples may include your overall quality of life, work, family life, hobbies or self-esteem.

_____

Past Medical History

Check any conditions that you have had in the past or are currently experiencing: **P=Past C=Current**

P	C		P	C		P	C		P	C	
☐	☐	Alcohol/Drug Abuse	☐	☐	Digestive Disorder	☐	☐	Hypertension	☐	☐	Nervous Disorder

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☐☐Anemia	☐☐Epilepsy/Seizures	☐☐Jaundice	☐☐Pneumonia
☐☐Arthritis	☐☐Glaucoma	☐☐Kidney Disease	☐☐Stroke
☐☐Asthma	☐☐Heart Disease	☐☐Liver Disease	☐☐Thyroid Disorder
☐☐Auto Immune	☐☐Heavy Bleeding/Hemorrhage		☐☐Tuberculosis
☐☐Blood Transfusion	☐☐Hepatitis	☐☐Mental Illness	☐☐Vein Condition
☐☐Cancer	☐☐High Cholesterol	☐☐Migraines	☐☐Venereal Disease
☐☐Diabetes	☐☐HIV/Hepatitis	☐☐Other:_____	

Significant trauma (car accident, sports injuries etc.):_____

Immunizations up to date: Y ☐ N ☐

Hospitalizations/Surgeries (procedures and dates):_____

Dental Procedures (include any silver fillings/mercury amalgams):_____

Do you have a history of frequent antibiotic use? Please Describe._____

Allergy shots? Currently ☐ In the past ☐ Never ☐

Cortisone shots? Currently ☐ In the past ☐ Never ☐

Please briefly describe your health as a child. (e.g. allergies/asthma, prone to illness, etc):

_____

Family Medical History (please specify family member)

☐Alcoholism/Drug Abuse_____	☐Heart Disease_____
☐Asthma/Allergies_____	☐Hypertension_____
☐Cancer_____	☐Miscarriage_____
☐Depression/Mental Illness_____	☐Osteoporosis_____
☐Diabetes_____	☐Stroke_____
☐Other_____	

Current Health & Lifestyle

Do you smoke? Y ☐ N ☐ If yes, how many per day?_____ For how long?_____

Do you drink alcohol? Y ☐ N ☐ If yes, how much per day?_____ For how long?_____

Do you use recreational drugs? Y ☐ N ☐ If yes, what do you use? _____

How much per day?_____ For how long?_____

Do you exercise? Y ☐ N ☐ If yes, how many times per week?_____ Please Describe._____

Do you travel frequently? Y ☐ N ☐ Have you traveled overseas to 'developing' countries? Y ☐ N ☐

Do you sit in traffic/commute as a daily routine? Y ☐ N ☐

Height:_____ Weight: Now_____ One year ago_____ Maximum_____@ Year_____

How many hours do you sleep in general?_____ When do you usually go to bed?_____

List 3 things you do currently that support your overall health.

_____

_____

List your 3 favorite vices (eg smoking, social drinking, sweet tooth…)

_____

_____

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_____ _____

Overall, do you feel that your lifestyle contributes to or takes away from your health? _____

Diet

Please describe your average daily diet:

Breakfast:_____

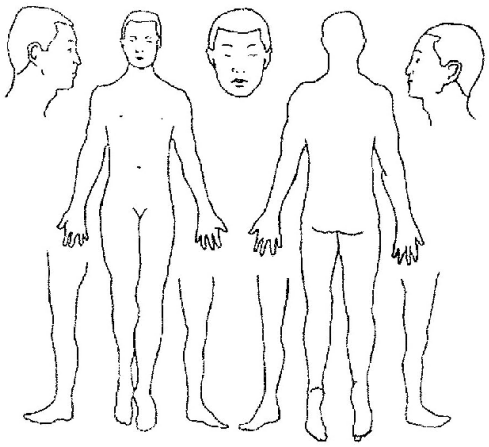
Lunch:_____

Dinner:_____

Snacks:_____

Foods you tend to crave:_____

Please indicate painful or distressed areas by using the symbol that best describes the feeling:



Mark with appropriate symbols:	
XXX	Sharp / Stabbing
PPP	Pins and Needles
DDD	Dull / Aching
NNN	Numbness

Please rate your **current** level of pain: Very mild 1 2 3 4 5 6 7 8 9 10 Very severe

Medications and Supplements

Medications you are currently taking (please include prescription medicines, vitamins, supplements, over the counter drugs, herbal supplements, etc.):

_____

_____

_____

Profile

Please check any of the following symptoms that **currently** pertain to you.

General

☐ Cold hands	☐ Hot body temperature	☐ Profuse perspiration	☐ Chills
☐ Cold feet	☐ Cold body temperature	☐ Lack of perspiration	☐ Fever
☐ Sweaty hands	☐ Afternoon flushing	☐ Perspire easily	☐ Strong thirst
☐ Sweaty feet	☐ Hot flashes	☐ Night sweating	☐ Lower back pain
☐ Frequent cavities	☐ Hearing loss	☐ Weak knees	☐ Cold lower back

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- [ ] Broken/loose teeth
- [ ] Weak bones
- [ ] Dizziness
- [ ] Ringing in ears/tinnitus
- [ ] Early graying of hair
- [ ] Forgetfulness
- [ ] Knee soreness
- [ ] Hair loss
- [ ] Fainting
- [ ] Cold hips/buttocks
- [ ] Cold knees
- [ ] Weak nails

Emotions

- [ ] Mood swings
- [ ] Sadness
- [ ] Nervousness
- [ ] Bipolar
- [ ] Anxiety
- [ ] Panic attacks
- [ ] Irritability
- [ ] Obsessive/Compulsive
- [ ] Fits of laughter
- [ ] Depression
- [ ] Anger
- [ ] Mania
- [ ] Fear
- [ ] Frequent worrying
- [ ] Easily stressed

Skin

- [ ] Acne
- [ ] Dandruff
- [ ] Dry or Flaky Skin
- [ ] Eczema
- [ ] Hives
- [ ] Psoriasis
- [ ] Rashes
- [ ] Ulcerations/Boils

Neuro-Muscular

- [ ] Seizures
- [ ] Paralysis
- [ ] Lack of coordination
- [ ] Loss of balance
- [ ] Tingling in extremities
- [ ] Muscle spasms
- [ ] Numbness

Cardiovascular

- [ ] Heart palpitations
- [ ] Restless dreams
- [ ] Chest Pain/Angina
- [ ] Mental restlessness
- [ ] Tongue ulcers
- [ ] Insomnia
- [ ] Speech impediment
- [ ] Hallucinations

Respiratory

- [ ] Persistent cough
- [ ] Nosebleeds
- [ ] Sinus congestion
- [ ] Frequent colds/flu
- [ ] Nasal dryness
- [ ] Chronic allergies
- [ ] Sore throats
- [ ] Chest congestion
- [ ] Sneezing
- [ ] Wheezing
- [ ] Chest tightness
- [ ] Difficulty Breathing
- [ ] Shortness of breath

Gastrointestinal

- [ ] Indigestion
- [ ] Abrupt weight gain
- [ ] Abrupt weight loss
- [ ] Low or weak appetite
- [ ] Gurgling in intestines
- [ ] Bruise easily
- [ ] Fatigue following a meal
- [ ] Easily fatigued
- [ ] Gas
- [ ] Hypoglycemia
- [ ] Strong cravings
- [ ] Hemorrhoids

- [ ] Stomach ache
- [ ] Acid reflux
- [ ] Bad breath
- [ ] Ravenous appetite
- [ ] Bleeding gums
- [ ] Heartburn
- [ ] Stomach ulcer
- [ ] Belching
- [ ] Hiccups
- [ ] Nausea
- [ ] Vomiting
- [ ] Mouth ulcers

- [ ] Loose stools
- [ ] Mucous in stools
- [ ] Blood in stools
- [ ] Difficulty moving bowels
- [ ] Less than 1 BM per day
- [ ] Small, hard, dry stools
- [ ] Constipation
- [ ] Diarrhea

Lymphatic System/Accumulated Dampness

- [ ] Swollen hands
- [ ] Swollen feet
- [ ] Mental fogginess
- [ ] Mental sluggishness
- [ ] Edema in the legs
- [ ] Edema in the abdomen
- [ ] Heavy limbs/head
- [ ] Joint stiffness

Liver/Gall Bladder Function

- [ ] Headaches
- [ ] Migraines
- [ ] Pain in ribcage
- [ ] Gall stones
- [ ] Chronic neck or shoulder tension

Eyes

- [ ] Itchy eyes
- [ ] Dry eyes
- [ ] Watery eyes
- [ ] Red and irritated eyes
- [ ] Poor night vision
- [ ] Floaters/Seeing spots
- [ ] Cataracts
- [ ] Glaucoma
- [ ] Blurry vision

Urinary

- [ ] Cloudy
- [ ] Dark yellow
- [ ] Clear color
- [ ] Small amount
- [ ] Large amount
- [ ] Dribbling
- [ ] Night-time urination
- [ ] Difficulty initiating urination
- [ ] Very frequent
- [ ] Incontinence
- [ ] Strong odor
- [ ] Pain or burning

☐Reddish color

Male

☐Prostate Problems ☐Testicular pain/swelling ☐Ejaculation problems
☐Low sex drive ☐Premature ejaculation ☐Erectile dysfunction/impotence
☐Nocturnal emission ☐Infertility ☐Difficulty maintaining an erection
☐Low sperm count ☐Poor sperm motility ☐Irregular sperm morphology
☐Feeling of coldness or numbness of genitalia ☐Discharge

Do you have any bothersome symptoms? Y ☐ N ☐ Describe:_____

Do you get up at night to urinate? Y ☐ N ☐ How often?_____

To what extent do these conditions interfere with your daily activities (work, sleep, socializing, sex, etc.)?

_____

Have you sought medical intervention for these problems? If so, when?_____

_____

What treatment have you tried for these problems and how successful have they been?

_____

_____

Client Signature Date

_____ ND, LAc _____

Reviewed by Date

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CATAWBA NATURAL HEALING LLC
CONSENT TO TREATMENT/CONSULTATIONS AND FINANCIAL AGREEMEMENT

Consent

I voluntarily consent to such diagnostic procedures, care and recommendations deemed necessary by the physician, his or her assistant or designated consultants. I understand that Traditional Chinese Medicine and Naturopathic Medicine is not an exact science and I further acknowledge that no guarantees have been made to me as to the result of examination, treatment or consultation in this clinic. I understand that Dr. Amy is not licensed and registered as a Naturopathic physician in the state of North Carolina since there is no licensure and registration for Naturopathic doctors in North Carolina. I understand that as a Naturopathic doctor in the state of North Carolina, Dr Amy can only provide consultations and recommendations. She does not make western diagnosis and does not substitute as a primary care physician.

Financial agreement

I understand and acknowledge that I am responsible for all charges rendered at the time of service and that payment is to be collected immediately after my appointment in the form of cash, a personal check or by using a credit, FSA or HSA card.
Catawba Natural Healing LLC is a cash-based practice and **do not accept** health insurances and we do not file out of network health insurance paperwork.
I understand that a credit card is required to be kept on file electronically and an authorization form must be signed to be able to book for appointments. This credit card can be charged upon the request of the client and/or when there is a remaining balance unpaid after several attempts to collect.
I can find a detailed financial policy by accessing Catawba Natural Healing's website or by requesting one in office or by phone call.

Personal valuables

I understand that Catawba Natural Healing is not responsible for personal valuables brought into the clinic or left in my vehicle.

Recording or filming

Recording or filming (to include photographs, video, electronic or audio media): I understand that from time to time Catawba Natural healing may record or film me while care or consultations are being provided (for example: photo documentation of injuries, tongue, etc). I understand these recording films/ photos will only be viewed internally for identification purposes, for the treatment, diagnosis or evaluation by Traditional Chinese Medicine; or for naturopathic medicine consultations.

Release of Information and Notice Privacy Practices

I authorize Catawba Natural Healing to release information necessary for external and internal quality improvement activities including information required by regulatory and accrediting bodies. As described in the Notice of Privacy Practices, Catawba Natural Healing may allow health care providers to have access to my medical information for treatment, payment and health care operations.

I have read the consent to treatment and financial agreement. I understand and agree to its terms. My signature below acknowledges that I have been given the opportunity to receive a full disclosure of the privacy practices as outlines by the health insurance portability and accountability act of 1996. This can also be accessed by going to www.catawbanaturalhealing.com

Client printed name: _____

_____ _____

Client's or responsible party signature **Date**

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Payment is to be collected immediately after treatment. Any payments made by cash or personal check will receive a $5 time of service discount.

First visit: 90 minutes for $155

Follow-up visits: charge $105 by the hour. If visit is longer than an hour, it's round to the nearest 15-minutes increment.

No Show: $60

Less than 24-hour cancellation: $60

Returned check fee: $25

All sales are final: Herbal or supplement purchases are non-refundable. Herbal or supplemental sales are only for patients of Catawba Natural Healing LLC.

No shows/less than 24 hour cancellations: We understand that things come up and you may need to cancel last minute or can't show up. As a curtesy, we will waive either your first no show or first less than 24 hour cancellation, whichever is first.

The exception is that if you have an appointment scheduled on Monday, we ask that you call us by Friday to avoid any cancellation fees. In the event that you did have to cancel with less than 24 hour notice or there's a no show, we will send out a letter outlining the clinic policy regarding missed appointments.

You are allowed a TOTAL of 3 no shows/less than 24 hour cancellation before your care is discontinued. Your practitioner will mail you a certified letter explaining the discontinuance of your care and provide appropriate referral(s) for you within 10 business days. No show fees/cancellation fees will still apply as indicated in the financial agreement.

Please inquire more about it by either calling our office at 828-999-4800. Invoices unpaid after 30 days are subject to 5% finance charge per week plus a one-time $25 late fee. In the event any third parties are involved to collect any outstanding monies owed by said business, the customer/patient agrees to pay any reasonable collection fees, including attorney fees whether litigation has commenced, and all costs of litigation. All overdue balances must be paid prior to next appointment.

New client: If you have booked for your first personalized or a free consultation appointment, it is important that you show up. Failure to do so will result in immediate termination from the clinic and you will not be able to book for another appointment. We have a commitment to help our clients and we hope that you value your health as well as the time that we've set aside for you. Thank you for understanding.