

It's not just about symptomatic relief
IT'S ABOUT ADDRESSING THE UNDERLYING CAUSE

Do you feel your energy has been low or does your energy drop about mid-day?

Energy

Gut health

Have you had gas, bloating, acid reflux or any other digestive symptoms?

Have you been experiencing joint pain for quite some time now or have more than 1 area of joint pain?

Joint health

Low back pain relief

Inflammation

Do you have high blood pressure, diabetes, high cholesterol, or other inflammatory diseases?

Are there certain foods that causes you to have symptoms when you eat them?

Food allergies or intolerances

Sleep quality

Do you have interrupted sleep, feel tired upon waking or toss and turn throughout the night?

Low back pain questionnaire

If you answered Yes to at least 3 of the categories above, then give us a call and let's discuss about how we can further optimize your health to set your body up for longer, lasting pain relief.

**Catawba Natural Healing
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