



# Catawba Natural Healing

## **Consent for Naturopathic Medical Consultation and Traditional Chinese Medicine Consultation/Treatment**

CONSENT FOR NATUROPATHIC MEDICAL CONSULTATION AND ACUPUNCTURE TREATMENT: Catawba

Natural Healing LLC is an integrative medical clinic that includes a # of natural modalities. Your treatment may

include any or all of the following general modalities: East Asian medicine (Acupuncture), Naturopathic

recommendations. Dr Amy Lor is a licensed Naturopathic physician in the State of WA and a licensed Acupuncturist

in the state of NC. She have completed graduate level training and national board certification. Physicians and

practitioners at Catawba Natural Healing LLC may perform any of the following specific procedures as necessary

(and allowed within their scope of practice) to facilitate assessment of condition, diagnosis, treatment, or otherwise

address health concerns: I hereby authorize Amy Lor, ND, LAc to perform the following specific procedures as

necessary to facilitate healing: • general physical exams, neurological and musculoskeletal assessments. • Botanical

Herbs and Nutritional Supplements: the recommendation of herbal formulas & nutritional substances, including

vitamins, minerals & micro and macronutrients. Recommending various substance including plant, mineral & animal

materials. Substances may be given in the form of teas, pills, powders, tinctures (may contain alcohol); topical

creams, pastes, plasters, washes; suppositories or other forms. Homeopathic remedies, often highly diluted

quantities of naturally occurring substances, may also be used. • Hydrotherapy which is the use of alternating hot &

cold water treatments • Electromagnetic & Thermal Therapies includes the use of ultrasound, low & high volt

electrical muscle stimulation, transcutaneous electrical stimulation, microcurrent stimulation, infrared & ultraviolet

therapies or moxa (warming or indirect burning of an acupuncture point & hydrotherapies). • Acupuncture: insertion of

special sterilized needles or lancets at specific points on the body. • Topical Treatments and Prepping: includes

cupping – a technique using glass cups on the surface of the skin with usually a heat-created vacuum; & Gua Sha –

rubbing on an area of the body with a blunt, round instrument. • Exercise recommendations: including frequency,

duration & type of physical activity. • Nutritional recommendations: the use of diet plans, strategies & modifications,

recipe recommendations & food allergy testing recommendations. The side effects may include: pain following

treatment, minor bruising, skin discoloration, infection, needle sickness & broken needles. The patient must inform

the practitioner if the patient has a severe bleeding disorder or pacemaker prior to any treatment. Risks and Benefits

of Naturopathic /acupuncture Care: Potential Risks: While not common, harm can occur from any therapy. Some



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examples can include but are not limited to: Pain, discomfort, dizziness, nausea, blistering, discolorations, infection, or burns from topical procedures, heat or frictional therapies, electromagnetic & hydrotherapies; loss of consciousness or deep tissue injury from needle insertions or needle breakage; allergic reactions to prescribed herbs or supplements; soft tissue or bone injury from physical manipulations; & aggravation of pre-existing symptoms. In addition, the patient must inform the practitioner if the patient has a severe bleeding disorder or pacemaker prior to treatment. Potential benefits: Restoration of health and the body's maximal functional capacity, relief of pain & symptoms of disease, assistance in injury & disease recovery, and prevention of disease or its progression. Notice to Pregnant Women: All female patients must alert the practitioner if they know or suspect that they are pregnant, since some of the therapies used could present a risk to the pregnancy. Labor-stimulating techniques (including labor stimulating acupuncture points) or any labor-inducing substances will not be used unless the treatment is specifically for the induction of labor. A treatment intended to induce labor requires a letter from a primary care provider authorizing or recommending such a treatment. By signing below, I, (or my authorized representative on my behalf) authorize Catawba Natural Healing LLC & their staff to conduct any of the methods, procedures & therapeutic approaches listed above. I understand that I may ask questions regarding my treatment before signing this form & that I am free to withdraw my consent & to discontinue participation in these procedures at any time. With this knowledge, I voluntarily consent to the above procedures, realizing that no guarantees have been given to me by Catawba Natural Healing LLC or its practitioners and staff regarding cure or improvement of my condition. I understand that a record will be kept of the health services provided to me. This record will be kept confidential and will not be released to others unless so directed by me or my representative or otherwise permitted or required by law. I understand that I have the right to review my record and obtain a copy of my record upon request & that obtaining a copy of my record may require payment of a fee.

As part of the services, Dr. Lor will review indications of your state of health and use them as a guide to address the cause of your health issues. Further, Dr. Lor may make recommendations on lifestyle modifications, diet, dietary supplements, or suggest naturopathic remedies to assist you in solving your health issues. Dr. Amy Lor is not licensed, certified, or registered as a "naturopathic provider" in the state of North Carolina. Further, any food or dietary supplements being recommended are not medically prescribed drugs. I understand this disclaimer in its entirety, been allowed to ask any questions.